

# 2024

## SIH PARTNERSHIP CONTACTS

### SIH Total Rewards Team

Human Resources 2 Nutrition Plaza **618.457.5200**

Julie Neubig, HR Director Total Rewards ext. **67807**  
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Total Rewards Team—<https://hub.sih.net/benefitsassistance>

Benefits [benefits@sih.net](mailto:benefits@sih.net)

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Sara Bevis, HR Benefits Analyst ext. **67810**  
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### Wellness

[www.sihwellness.com](http://www.sihwellness.com) [wellness@sih.net](mailto:wellness@sih.net)  
(to review personal wellness platform) ext. **67827**  
**618.457.3075**

### Leave and Absence (FML, STD, LOA, Return to Work)

LOA ext. **67828**  
[loa@sih.net](mailto:loa@sih.net)

Brittany Roach, HR Leave and Absence Manager ext. **67823**  
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Esther Kabwe, HR Leave and Absence Case Navigator ext. **67826**  
[esther.kabwe@sih.net](mailto:esther.kabwe@sih.net)

### Compensation

Salena Alkhatim, HR Compensation Analyst ext. **67895** |  
[salena.alkhatim@sih.net](mailto:salena.alkhatim@sih.net)

### Benefit Enrollment/COBRA

Businessolver, Inc.  
PO Box 310552; Des Moines, IA 50331-0552  
Benefit Service Center (enroll/make changes) | **844.386.2375**  
Dependent Verification Fax (to fax dependent documentation)  
**515.343.2246**  
[benefits.sih.net](http://benefits.sih.net) (to enroll or make changes)  
COBRA | **877.547.6257**

### Medical—Allegiance, a Cigna Company

**855.999.1052**

Refer to [www.askallegiance.com/SIH](http://www.askallegiance.com/SIH) to locate providers, confirm provider network status, access your online account, or find an EOB

### Prescriptions—MaxorPlus

**800.687.0707** | [www.maxorplus.com](http://www.maxorplus.com)

### MaxorPlus Customer Service

MaxorPlus Mail Order: **800.687.8629**  
Maxor Specialty Pharmacy: **866.629.6779**

### SIH Employee Pharmacy

Herrin Pharmacy: **618.351.8321**

### Dental/DPPO—Cigna

**800.244.6224** | [www.cigna.com](http://www.cigna.com)

### Vision—Eyemed

**866.9EYEMED** | [www.eyemed.com](http://www.eyemed.com)

Flexible Spending Account Program including Healthcare and Dependent Care—Allegiance

**855.999.1052** | [www.AllegianceFlexAdvantage.com](http://www.AllegianceFlexAdvantage.com)

Life and Accidental Death and Dismemberment (AD&D)—New York Life Group Benefit Solutions

Life Claims: **800.362.4462**

Family Medical Leave (FML)/Short Term Disability (STD)—SIH Leave and Absence Department

**618.457.5200** ext **67828** | [LOA@sih.net](mailto:LOA@sih.net)

Long Term Disability (LTD)—New York Life Group Benefit Solutions

**800.362.4462**

### Voluntary Benefits—Allstate Benefits

Group Critical Illness, Group Hospital Indemnity, Group Accident, and Group Term to Age 100 Life

**866.828.8501** | [www.allstatebenefits.com/mybenefits](http://www.allstatebenefits.com/mybenefits)

### 401(k)/Roth Contribution—Empower

Retirement planning and 401(k) offered through Empower  
**833.SIH.401K** | [empowermyretirement.com](http://empowermyretirement.com)

**Appointment Scheduler: Empower**  
([sih.empowermytime.com/#/](http://sih.empowermytime.com/#/))

**Medicare Basics** Milly Kaiser, Medicare Counselor Ext. **67856**  
[milly.kaiser@sih.net](mailto:milly.kaiser@sih.net)

### Employee Assistance Program—PAS

Personal Assistance Services (PAS)

**800.356.0845**  
[www.mypaseap.com](http://www.mypaseap.com)

### Organization Code: SIH

RxWell Mobile App  
eM Life Mobile App  
Search RxWell and/or  
eM Life in the app store on  
your mobile device

